



# HIGHLIGHT REEL

## Offensive Cut-Film

### Wide Receiver **WR**

- Traffic catch
- High point catch
- Catch w/ YAC's
- Block & sustain
- Speed play
- Different routes breaks/ coming out of your hips
- Initial ball get off

### Offensive Line **OL**

- Right step block
- Left step block
- 2<sup>nd</sup> level block
- Pass protection
- Pull block or foot quickness
- Nasty play

### Running Back **RB**

- Long run (speed separation)
- Between the tackles run
- Catch
- Make you miss in space run
- Pass protection block
- Physical run

### Quarterback **QB**

- Touch throw
- Velocity throw across middle
- Out route throw
- Escape the pocket throw
- Facing pressure throw
- Athletic run

### Tight End **TE**

- Line of scrimmage block
- Traffic catch
- High point catch
- Out in space block
- 2<sup>nd</sup> level block
- Catch for YAC's